

GALINA SINGER

Writer | Conscious Relationships Coach | Speaker

I am passionate about liberating relationships, including family, from tradition and finding new ways of being together.



ABOUT GALINA

As a writer, a coach, and a collector of human stories, Galina observes that we are living in a time of massive societal shifts. We are waking up to the fact that the beliefs we have inherited from our families and culture are toxic and no longer serve us. The outdated ideas about gender roles, what defines success/failure, what is good/bad, what is love, what is normal in relationships, are obsolete and cause us much suffering.

We are at a juncture where we have to stop outsourcing our safety, our power, and stifle our authentic self-expression in order to belong. Pulled forward by a vision, Galina feels that Now is the time to disrupt the status quo and create change from the inside out. Choosing authenticity over-attachment is what is required now. Truth-telling is no longer a choice, it is the responsibility of each one of us.

In order to feel safe to self-express without filters, there is a lot of healing to be done. Galina's work is a bridge that guides people from the search for external sources of validation to becoming our own highest authority, connecting to guidance from within.



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Book Galina for speaking engagement

- As a guest lecturer
- As a podcast guest

Suggested speaking topics:

Reparenting Yourself

- Healing of the inner child
- Overcoming the mother wound trauma
- Cultural change within relationships

The Embodiment Revolution

- From codependency to interdependence
- Safety, trust, love is not something we can get from the outside: how to self-source

The following are some links to my prior speaking engagements.

[Two truth and a lie](#)

[A new relationship paradigm](#)

[The power of self-responsibility](#)

[Me vs Me - What lurks behind our smiley Instagram pictures](#)

[Exploring the mother, daughter Journey through sovereignty](#)

[Making space for yourself in Motherhood](#)

[Unpacking the Mother Wound](#)

Galina is an extremely articulate speaker who courageously brings a wealth of personal life experience to the stage. Speaking from her own lived experience she creates rapport and engagement with the audience while providing valuable life lessons in carving our own path.

~ Miroslav Petrovic, Embodied Speaking Training

Galina holds profound wisdom, and her compassion and love for whom she sits with is unfathomable. She speaks with poise and really draws in her listeners with the blinding light that emanates from the truth bombs she shares.

~ LeLii , Conscious Coach, Entrepreneur, Visionary

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